

# TALK TO ME

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YOUTH EXCHANGE 2.7. - 9.7.2022 CELJE, SLOVENIA





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## **Description of the project**

Talk to Me is a youth exchange, which brings together 35 young people from Slovenia, Italy, Spain, Greece and Hungary. The motivation for the project arises from the observation of the constant presence of the young people on social networks, where most communication takes place. The problems of internet, smartphones and computer addiction are growing and the age limit of the users who cannot spend the day without clicking, browsing the web and spending time in virtual reality is lowering. We are constantly connected with at least one digital tool, and it is of course very important that the young people are familiar with the tools they will use to manage their jobs and life in general in the future. However, the problem of overuse is reduced willingness to communicate directly with each other, which is still very important. Young people need to be brought closer to the importance of face-to-face communication that will greatly benefit them in life, whether it is in private life or relationships at work and other social areas.

In preparing for reality, good self-presentation and proper argumentation are very important and this is the motivation behind the youth exchange. Through implementation of various workshops, lectures and fieldwork, young people will prepare themselves for thinking about communication and ultimately improve it. In addition, workshops will open up important topics about identity search, problem solving and social skills training.

A leader of a Slovenian group who noticed that young people had a problem entering the labour market put the idea of youth exchange forward. Given the current situation with the Covid-19 virus, entering the labour market will become an even greater challenge as the unemployment rate will rise after the crisis. At this point, the importance of preparing for the job search, the best possible personal presentation and the proper use of communication comes to the forefront.

Since the target group will primarily include young unemployed and young people entering the labour market for the first time, some workshops will also focus on communication at job interviews, on how to prepare a cover letter and CV, and especially how to present your best self.

We will launch a Talk to Me community on Facebook in English language, which will serve as a platform, where all project results, e-manual, video and photograph materials and useful information will be available.







## **Objectives**

- to increase communication awareness of young people about the importance of communication through communication workshops;
- to adopt the correct use and recognition of non-verbal communication;
- to guide young people through the workshop "Don't be afraid, just ask, mate" to ask questions correctly, according to the topics they are interested in;
- young people will prepare a CV and a cover letter during the exchange;
- participants will play and record a job interview (thus monitoring their strengths and weaknesses);
- young people will present their own ideas about communication;
- as part of the "Listen and hear" workshop, participants will increase their ability to listen actively;
- through games, young people will develop critical thinking;
- to develop cultural awareness and expression competence through intercultural evening events;
- setting up a Facebook group;
- implementation of field work;
- creating an e-manual.

## Target group and profile of the participants

Each partner organisation will select **6 participants (age between 18 and 29) and 1 group leader (no age limit).** The target group is young unemployed and those entering labour market for the first time. Each partner organisations will try to have equal number of female and male participants.

The participants must fill out the application form here ---https://forms.gle/foTWJb3RDy5vQ892A (DEADLINE: 2.6.2022)

All participants have to be members of the private Facebook group of the project here ---- <u>https://www.facebook.com/groups/357013272691145</u>





Erasmus+

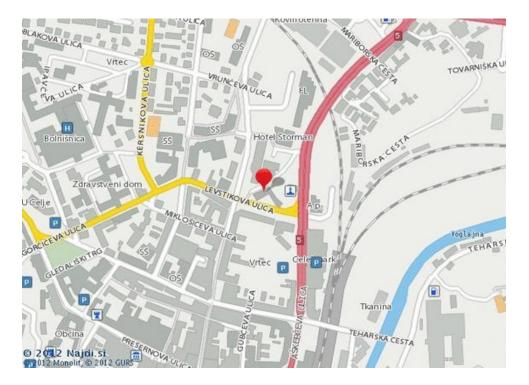
### Partner organisations

- ✤ BACKSLASH / Spain
- \* HELLENIC YOUTH PARTICIPATION / Greece
- ✤ JUMPIN / Italy
- ✤ FIATALOK AZ ÉLHETO KÖRNYEZETÉRT EGYESÜLET/ Hungary

### Hosting organisation and venue

CELJSKI MLADINSKI CENTER, JAVNI ZAVOD ZA MLADINSKO KULTURO, IZOBRAŽEVANJE, INFORMIRANJE IN ŠPORT Celje Youth Center Mariborska 2 SI - 3000 Celje http://www.mc-celje.si/en/

**Contact person:** Katja Kolenc, <u>katja.kolenc@mc-celje.si</u>, 00386 31 852 505 and Ana Mladenović, <u>ana.mladenovic@mc-celje.si</u>, 00386 40 570 289.









#### Important dates

The youth exchange will take place between the  $2^{nd}$  and the  $9^{th}$  of July 2022 (including travel days). The arrival day is the  $2^{nd}$  of July until 12.00 CET and the departure day is the  $9^{th}$  of July 2022 after 12.00 CET.

### Accommodation & Meals

The youth exchange will take place in the center of Celje where the Youth center and the Hostel are. You will be accommodated in our MCC Hostel - House of legends in common rooms divided by gender. The activities of the youth exchange will also be hosted here. Breakfast, lunch and dinner will be organized in the Hostel café and a nearby restaurant.

The location of the exchange: <u>http://celje.vipano.com/celjski-mladinski-center/</u>





| 2.7.2022  | 3.7.2022  | 4.7.2022  | 5.7.2022  | 6.7.2022   | 7.7.2022  | 8.7.2022  | 9.7.2022            |
|---|---|---|---|--|---|---|---------------------|
|   | Breakfast   | Breakfast   | Breakfast   | Breakfast  | Breakfast   | Breakfast   | Breakfast           |
|   | Energizer   | Energizer   | Energizer   | Energizer  | Energizer   | Energizer   | Energizer           |
|   | Presentation<br>of the<br>assignment of<br>the week: We<br>all are the<br>communication | WORKSHOP 1:<br>''How to<br>communicate<br>well?'' | WORKSHOP<br>4: ''Don't<br>be afraid,<br>just ask,<br>mate!" | WORKSHOP<br>6: ''COVER<br>LETTER &<br>CV''                         | WORKSHOP<br>9: ''Listen<br>and hear''                         | WORKSHOP 11:<br>''Implementation<br>of the weekly<br>assignment'' | Group<br>evaluation |
| ARRIVAL DAY   | Presentation<br>of the<br>organisations,<br>participants                                |   |   |  |   |   |                     |
|   | Coffee break  | Coffee break                                      | Coffee<br>break   | Coffee break   | Coffee<br>break   | Coffee break  |                     |
|   | Presentation<br>of Erasmus +<br>programme   | WORKSHOP 2:<br>''Assertive<br>communication''     | WORKSHOP 5:<br>'Communication<br>in the past and<br>today'' | WORKSHOP 7:<br>''Personal<br>experience''                          | WORKSHOP<br>10:''Preparation<br>of the weekly<br>assignment'' | Preparation of the Youthpass                                      |                     |
|   | and Youthpass   |   |   |  | -   | Preparation of the manual   |                     |
|   | LUNCH   | LUNCH   | LUNCH   | LUNCH  | LUNCH   | LUNCH   | DEPARTURE           |
| Presentation of<br>our organisation,<br>presentation of<br>the project<br>(timetable,<br>working methods,<br>theme of the<br>project) | A walk around<br>Celje - presen-<br>tation and<br>sightseeing                           | WORKSHOP 3:<br>''Job interview<br>for beginners'' | Hike to the<br>Old Castle<br>CELJE                          | WORKSHOP<br>8:<br>''Preparation<br>of the<br>weekly<br>assignment" | BOWLING   | Preparation of<br>the manual                                      |                     |
| F <b>J</b> /  | Coffee break  | Coffee break                                      | Coffee<br>break   | Coffee break   | Coffee<br>break   | Coffee break  |                     |
|   | Evaluation  | Evaluation  | Evaluation  | Evaluation   | Evaluation  | Evaluation  |                     |
| Dinner  | Dinner  | Dinner  | Dinner  | Dinner   | Dinner  | Dinner  |                     |
| Social evening  | Multicultural<br>evening, SLO-<br>VENIA   | Multicultural<br>evening, ITALY                   | Multicultural<br>evening,<br>HUNGARY                        | Multicultural<br>evening,<br>SPAIN                                 | Multicultu-<br>ral evening,<br>GREECE                         | Goodbye party   |                     |



#### Insurance

Each participant has to have a valid insurance for the duration of the youth exchange. European Health Insurance Card or another insurance with the same characteristics is obligatory: <u>https://ec.europa.eu/social/main.jsp?catId=559</u>.

## To do list

- Each group should prepare a 10-minute presentation about their home town and countries they are from for the multicultural evening.
- Each group has to prepare a quiz about their country for the multicultural evening.
- Each group should prepare 1 morning energizer.
- Each participants should bring 1 ingredient (food, drink, candy, etc.) that is known in their country for the multicultural event for the purposes of the country presentations. In the youth centre you can cook and we also have a refrigerator.

## Financial Aspects

REIMBURSEMENT OF TRAVEL EXPENSES IS MADE ONLY ON THE BASIS OF ORIGINAL DOCUMENTS AND ONLY ON THE BANK ACCOUNTS OF ORGANIZATIONS.

Note that your travel expenses should not exceed the previewed prices set by EC:

ITALY: 275,00 per person €

GREECE: 275,00 per person €

SPAIN: 275,00 per person €

HUNGARY: 275,00 per person €

We can only reimburse up to the costs defined above, the rest is your own contribution. Only participants who attend at least 80% of the programme of the exchange are entitled to reimbursement of their expenses.

The documents needed to complete your reimbursement:



- Invoice of your plane ticket with the data
- Boarding passes
- Travel reimbursement excel form (which we will provide on your arrival)
- Relevant tickets (train, bus, etc.)

For Electronic Tickets:

- Boarding pass
- Invoice (NOTE that NO electronic tickets will be reimbursed if the invoice will not be provided!)
- Travel reimbursement excel form (will be provided on the arrival)
- ✤ 4. Travel itinerary

Each group leader will receive an excel file where he or she will have to input the names, means of travel and the costs for each participant in their group and send it to <u>katja.kolenc@mc-celje.si</u>, <u>deadline 15.07.2022</u>. All travel documentation has to be sent to the following address: Celjski mladinski center, Mariborska 2, 3000 Celje, Slovenija, <u>deadline 15.07.2022</u>.

Each group leader will be obligated to answer the questionnaire of the EACEA. This is the basis for reporting and also getting funds.

## Discover Celje

#### http://www.celje.si/en

On our expenses, we will arrange a guided tour of the city Celje. The tour will include an English speaking guide and a walk around the city centre without any entrance fees for museums or sightseeing fees.

For a prepared visit, you can read some interesting facts about our town and we give you some further suggestions on sightseeing.

The nature of the region offered good living conditions to its inhabitants even before the ancient Roman times. It is therefore hardly surprising that the settlement then called Keleia was established in the eastern part of the Savinjska Valley, at its lowest elevation point, as early in the Hallstatt period, and during the era of the Celts. In the Roman period, during the reign of Emperor Claudius (41-45), the settlement,



called Municipium Claudia Celeia, was granted town privileges, leading the town to its first heyday. During the great migration of the 5th and 6th century, the town was razed, only to be reconstructed in the early medieval times. The first reference to Celje of the Middle Ages (Cylie) is found in the Admont Chronicles written between 1122 and 1137.

In the late Middle Ages, the short reign of the Žovnek (Sanneck) nobles, later elevated to the Counts of Celje and Princes, whose shrewd political actions allowed them to reach the very top of the European politics of the time, left a permanent imprint on the town. Their daughters married European kings and emperors. The Lords of Žovnek (Sanneck), first elevated to the ranks of immediate counts and then to princes, chose Celje as their seat. Initially, they resided in the Old Castle; but around 1400, they moved to the new renaissance building in town, called The Lower Castle. The settlement of Celje gained a lot in the period. On April 11, 1451, Friderik II, the Count of Celje, bestowed town privileges to Celje, including all relevant rights. In the decades to follow, the town walls (completed in 1473) and the defensive ditch were built.

After the death of the last Count of Celje, Ulrik II (1456), the dynasty's property was inherited by the Habsburgs. At the time, Celje was one of the most notable renaissance centres on the territory of present-day Slovenia. True urban life with highly developed trade and crafts started to flourish in the town that became the centre of the "Celje District". The town on the Savinja river was also shaped by contemporary spiritual movements (Protestantism), Turkish invasions, and natural disasters, all of which troubled the morally, economically, and politically devastated Europe in those times.

Against all odds, the city persisted, seeing a new renaissance at the end of the 18th century. Presaging the new era, the town walls had to yield to urbanization and early modern industry late in the 18th century. When the first train arrived in Celje in late 1846, the town was still enjoying its tranquil Biedermeier atmosphere. In the 2nd half of the 19th century, Celje, like other parts of the Austrian-ruled Central Europe, saw the national awakening that led to escalation of national conflicts towards the end of the century, and eventually to the demise of the centuries-old Habsburg monarchy after World War I.

After World War I, the city on the Savinja River saw new changes. A new political framework, a different set of political views and agendas, and new spiritual movements affected the mentality of the people and changed the lives of Celje residents in many ways. World War II and occupation, too, inflicted deep wounds on Celje, which have not healed to this day. But yet again, Celje rose from the ashes and flourished again.

After World War II, it developed into a lively industrial and commercial centre. Moreover, as the seat of the Municipality, it has all the characteristics of a regional,





administrative, business, cultural, educational, healthcare, and tourist centre. In recent years, Celje has been the most rapidly developing city in Slovenia. For all the lovers of nature, good weather and fresh air, there is an option of a great relaxing walk around the Šmartinsko Lake. There's an organized bike and walking path, which starts at the church of St. John and leads you to the lake. Along the way you can find many wooden benches, on which you can relax, while a walk around the lake will offer you a lot of interesting information about the lake and the life in it, so stop at the information board and learn something new.

#### Old Castle of Celje - https://www.celje.si/en/card/old-castle-celje

Romantic, enticing, magnificent, dark, frightening - the Celje Old Castle. It is a mustsee sight for all visitors to Celje, regardless of where they are from. A mighty walled caste towering over the city is sure to leave you speechless. Once you visit it, it will stay in your memories forever.

<u>Šmartinsko Lake - http://www.celje.si/en/card/smartinsko-lake</u>

Celje Hut - http://www.celjska-koca.si/?lang=en

Celjska koča (the Celje hut) with its hinterland is a part of a country side on the southern part of the Celje valley, for which the main characteristics is a hilly landscape, typical of this area is also the preserved natural habitat and small density of population. It is relatively close to the city Celje (8,5 km from Pečovnik and 12 km from Štore) and is connected to the valley with roads and hiking paths. Celjska koča (the Celje hut) is a well-known small Slovene ski slope with a long tradition in Štajerska district.

#### The Celje Regional Museum - https://www.pokmuz-ce.si/en/

The Celje Regional Museum, the second oldest museum in Slovenia, is situated in the old centre of the town. Its collections (from the prehistoric times till I. World War) are exhibitet in the The Old Counts Mansion and the Princely Palace. The visitors should't miss the famouse Celje Ceiling, in situ presented remains of Roman town Celeia and the story of famous dinasty of the Counts of Celje. The archaeological exhibition site in the cellars of the Princely Palace is the largest presentation so far of the remains of Roman Celeia in situ. Its silent yet picturesque testimony invites you to walk among its ancient walls, which bear witness to the town's rich history.

#### <u>Museum of Recent History Celje</u> - <u>https://www.muzej-nz-ce.si/en/</u>

Museum has an exhibition about Celje and its people in the 20<sup>th</sup> century, the only children's museum in Slovenia The Herman's Den, a skylight photographic studio from the end of the 19<sup>th</sup> century, a memorial place for victims of Nazi violence and the Slovenian dentistry collection.

#### We are looking forward to greeting you in our hometown!